

SPONSORED BY HUNTSMAN CANCER INSTITUTE
AND THE UTAH CANCER ACTION NETWORK

Resource guide

**Your Guide to Cancer Support,
Information, and Financial
Assistance**



**Huntsman Cancer Learning Center
10th Edition**

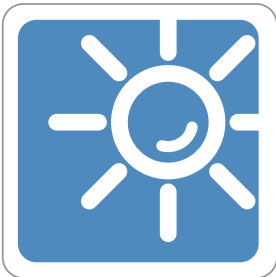


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Your Guide to Cancer Support, Information, and Financial Assistance

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HUNTSMAN
CANCER INSTITUTE
UNIVERSITY OF UTAH

Contents

Introduction	4
Local	5
All Cancer Types	5
Bereavement	8
Breast	11
Childhood	12
Gastrointestinal	13
Leukemia, Lymphoma, and Myeloma	13
Prostate	13
Women	13
National	14
All Cancer Types	14
Bladder	19
Bone Marrow and Blood Transplants	20
Brain	21
Breast	22
Childhood	25
Colon and Rectum	27
Esophageal	28
Family and Friends	28
GIST	30
Gynecological	30
Hospice	32
Kidney	33
Leukemia, Lymphoma, and Myeloma (Blood and Marrow-related)	33
Liver	35
Lung	35
Melanoma and Skin	37
Mesothelioma	38
Neuroendocrine	38
Oral, Head, and Neck	38
Pancreatic	39
Prostate	40
Rare Cancers	41
Sarcoma	41
Testicular	42
Thyroid	42
Wellness	42
Young Adults	44
Financial Assistance	45
Local	45
National	50

Introduction

Dealing with cancer can be overwhelming and difficult. Everything in life changes when cancer enters the picture. Remember that you are not alone during this journey.

This guide lists local and national organizations that can give you help and support. These organizations offer a range of services, including support groups, chat rooms, information, and financial assistance.

The *Resource Guide* is brought to you by Huntsman Cancer Institute and the Utah Cancer Action Network. This guide is a directory of support groups, organizations, and programs in Utah and across the country that provide information and support to those affected by cancer. Most of the resources and services listed in this guide are provided free of charge. *Being listed in this guide does not mean Huntsman Cancer Institute or the Utah Cancer Action Network endorse the program or service.*

How to Use This Guide

This guide offers easy-to-understand icons that show services offered by an organization.



Information



Legal Assistance
Insurance



Español



Wish Granting



Support Services
In-person
Online



Housing Assistance
Utilities
Lodging
Home health care



Transportation



Screenings



Appearance



Scholarship



Medical Care
Treatment
Prescription
Supplies

All Cancer Types

American Cancer Society



945 East 3300 South
Salt Lake City, UT 84106
801-483-1500 or 1-800-234-0533
www.cancer.org



The American Cancer Society is a nationwide, community-based, voluntary health organization dedicated to preventing cancer, saving lives, and diminishing the suffering from cancer. The Salt Lake City office offers support groups, patient services, and learning and wellness centers. They offer many support groups in many locations throughout the state. Please call to find which programs are happening near you.

Cancer Wellness House



59 South 1100 East
Salt Lake City, UT 84102
801-236-2294

www.cancer-wellness.org

Cancer Wellness House is a community of hope, learning, and friendship. Its unique program offers classes, workshops, groups, and social activities designed to support people of all ages whose lives have been affected by cancer. All programs are free.

Central Utah Cancer Center



801-374-2367
Provo, UT
www.centralutahclinic.com

Central Utah Cancer Center offers support groups, classes, and education for cancer patients.

Huntsman Cancer Learning Center



2000 Circle of Hope
Salt Lake City, UT 84112
801-581-6365 or 1-888-424-2100
e-mail: patient.education@hci.utah.edu
www.huntsmancancer.org/clc

The Huntsman Cancer Learning Center is a free information service and lending library with more than 3,000 items available for checkout. Library materials can be mailed to people living outside the Salt Lake Valley. Cancer information specialists can answer questions via mail, e-mail, phone, or in person. This service provides accurate, up-to-date information about all aspects of cancer, including prevention, screening, treatment, clinical trials, coping, support groups, and more.

Huntsman-Intermountain Cancer Education Centers



<http://intermountainhealthcare.org/services/cancer/facilities/education/Pages/home.aspx>

Cancer Education Centers are located across Utah to bring cancer education and information closer to families in their home communities. Centers are located at Intermountain Health-care facilities in American Fork, Cedar City, Logan, Murray, Ogden, Provo, Salt Lake City, and St. George.

I Can Cope



801-483-1500 or

1-800-234-0533

www.cancer.org

This educational program is sponsored by the American Cancer Society to provide a supportive environment for adults with cancer and their loved ones. The program offers several courses designed to help participants cope with their cancer experience by increasing their knowledge, positive attitude, and skills. This program is offered in many locations throughout the state. Call to find one near you.

Intermountain Healthcare



<http://intermountainhealthcare.org/services/cancer/patientsupport/pages/home.aspx>



Facilities across the state offer support programs and services specially designed to help meet the needs of everyone affected with cancer.

Intermountain Medical Center



801-507-3820

Murray, UT

<http://intermountainhealthcare.org/hospitals/imed/Pages/home.aspx>



Intermountain Medical Center offers many classes and support groups for cancer patients.



Look Good...Feel Better



801-483-1500 or

1-800-234-0533

www.lookgoodfeelbetter.org



This is a community-based, free, national service sponsored by the American Cancer Society. It teaches female cancer patients beauty tips to feel good about how they look during treatments. Women learn about makeup, skin care, nail care, and ways to deal with hair loss such as with wigs, turbans, and scarves. Each woman gets a free makeup kit to use during and after the workshop. This program is offered in many locations throughout the state.

Patient and Family Support Services



Patient and family support or social work services are available at most hospitals. They may provide access to legal, financial, and supportive resources, as well as help patients and families deal with a new diagnosis or issues that develop during or after treatment. Many also provide classes, workshops, and support groups dealing with a wide range of cancer-related topics.

Utah Cancer Action Network (UCAN)



1-888-222-2542

www.ucan.cc



UCAN works to reduce cancer incidence and mortality in Utah through collaborative efforts directed at the prevention, early detection, treatment, rehabilitation, and palliation of cancer. UCAN offers a website, a toll-free hotline, educational materials, and a speaker's bureau.



Utah Cancer Foundation



801-270-2232

Salt Lake City, UT

www.utahcancerfoundation.org



This foundation offers educational programs and unique support groups for men and women. Their focus is to aid, strengthen, and comfort cancer patients and their caregivers by providing needed services that support and assist them throughout the cancer experience. All services are free of charge.

Utah Cancer Specialists



801-281-6861

Salt Lake area, Layton, and Provo, UT
www.utahcancerspecialists.com



This organization is dedicated to the diagnosis, treatment, and management of all forms of cancer and offers education and support for patients.

YourStory

Huntsman Cancer Institute

2000 Circle of Hope

Salt Lake City, UT 84112

801-587-4585

This free service gives cancer patients the opportunity to record their life stories. Trained staff help users recall and tell their stories. Each session is recorded on a CD. Sessions can be held at Huntsman Cancer Institute, at home, or in the hospital. By appointment only.

Bereavement

A Center for Grieving Children The Family Summit Foundation



801-476-1127

Ogden, UT

www.familysummit.com

A Center for Grieving Children supports children, teens, and families who are grieving the loss or facing the loss of a loved one from death, divorce, or separation. Free.

Canary Garden Bereavement Group



801-636-3602

Orem, UT

www.canarygarden.org

Canary Garden is dedicated to providing a safe and caring environment for children and adolescents who are grieving the death of a family member. Preregistration is required. Free.

CareSource Hospice



801-266-7200

Salt Lake City, UT

www.ecaresource.com



This program offers several support groups for those who have lost a spouse or loved one and provides information about grief and loss, grief reactions, and healthy coping mechanisms. Free.

Caring Connections: A Hope and Comfort in Grief Program



801-585-9522

Salt Lake City, UT

www.nursing.utah.edu/practice/caringconnections

Caring Connections offers a number of bereavement support groups. Groups run for eight weeks and are offered throughout the year. Groups focus on adjusting to the death of a family member or close friend. Groups are available for children and adolescents. There is a cost for this program, but scholarships are available for those in need.

Compassionate Friends



435-628-9859 St. George, UT

801-673-9322 Salt Lake City, UT

801-731-8972 Ogden, UT

435-374-9073 Brigham City, UT

www.compassionatefriends.org

For parents, children, or grandparents grieving the death of a child or sibling. Groups are led by parents. Free.



Intermountain Home Care and Hospice in Utah County



801-225-0584

Utah County

A free support group for adults age 18 and older grieving the loss of a loved one. Eight weekly sessions run as needed.



LDS Hospital Bereavement Groups



801-531-0960

Salt Lake City, UT

Ongoing education and support for people who have lost loved ones. Free.

Ogden Regional Medical Center



801-479-2080

Ogden, UT

General bereavement support group. Free.

Primary Children's Medical Center Bereavement



801-662-3774

Salt Lake City, UT

A bereavement group for children ages six to twelve who have lost a loved one. Children learn about grief, share their experiences and feelings, and get help with maintaining their memories of the one who has died.

St. George Intermountain Grief Support Group



435-688-4567

St. George, UT

A grief support group for children and teens.

St. Mark's Bereavement Group



801-268-7141

Salt Lake City, UT

A grief support group for anyone who has suffered a loss. This is an eight-week closed group; registration is required. Free.

St. Vincent's Bereavement Group



801-527-2036

Salt Lake City, UT

Nine-week groups beginning in fall and spring for adults who have lost a loved one. Spiritually oriented; open to all faiths. \$15 fee.

The Sharing Place



801-466-6730

Salt Lake City, UT

www.thesharingplace.org

A support program for children, teens, and their families who are grieving the death of a loved one. Families pay pledges.

Utah Valley Medical Center Bereavement Support Group



801-357-2447

Provo, UT

A support group for adults grieving the loss of a loved one. Eight weekly sessions run regularly throughout the year. There is a \$30 charge which can be waived based on need.

Vista Care Hospice Bereavement



1-866-317-8921 Orem, UT

801-467-7772 Salt Lake City, UT

A free support group for individuals grieving the loss of a loved one.

Breast

Hispanic/Latina Breast Cancer



801-359-8922

Salt Lake County

This program educates Latino women in Salt Lake County about the importance of breast cancer screening. It also helps ensure that women 40 years of age and older receive annual mammograms and clinical breast exams.



Image Reborn Foundation



435-658-1715

Park City, UT

www.imagerebornfoundation.org

This program offers healing retreats at no cost for women who have been diagnosed with breast cancer. The focus is on encouraging women to reclaim their sense of personal power, to strengthen them in their journey toward healing and living fully on all levels.



Reach to Recovery



801-483-1500 or

1-800-234-0533

www.cancer.org

Reach to Recovery, sponsored by the American Cancer Society, helps men and women cope with their breast cancer experience. It gives patients and family members an opportunity to express feelings, talk about fears and concerns, and ask questions. Volunteers offer understanding, support, and hope because they have survived breast cancer and gone on to live normal, productive lives. This program is offered in many locations throughout the state. Call to find one near you.

Susan G. Komen SLC



801-363-3367

Salt Lake City, UT

www.komenslc.org

The Salt Lake City affiliate of Susan G. Komen for the Cure is dedicated to raising funds for breast cancer education, screening, and treatment within Utah. Funds are raised through many activities, including the annual Race for the Cure.



Young Survivor Sisters



801-388-1699

youngsurvivorsisters@gmail.com
www.youngsurvivorsisters.blogspot.com

To offer love, support, and guidance to women under 45 who are currently fighting breast cancer.

Childhood

C.R.E.W.



Primary Children's Hospital

Salt Lake City, UT

801-662-4554

This group offers compassion and support to teens diagnosed with cancer. Teens in treatment and off treatment meet to have fun and connect with others in a similar situation. Free.

Camp Hobé



801-631-2742

Salt Lake City, UT

www.camphebokids.org

This summer camp provides fun activities in a medically supervised environment for children with cancer and their siblings. Small registration fees are charged; limited fee waivers are available.

Rocky Mountain Candlelighters



801-487-7844 or

1-888-556-2737

www.childhoodcancer.org



Candlelighters enhances the lives of children with cancer and their families by providing hope, emotional and practical support, education, research, and patient advocacy. They provide in-hospital services at Primary Children's Medical Center and community-based services such as counseling, monthly activities, weekend family camps, a newsletter, and Angel Family Tribute for families who have lost a child to cancer. Many locations. Please call to find a group in your area. Free.

Gastrointestinal

United Ostomy Association of America, Inc. (UOAA)



801-387-5146 Ogden, UT

801-462-3707 Salt Lake City, UT

www.uoaa.org



UOAA is a national network of ostomy support groups. They offer listings of local support groups, online discussion and chat rooms, and a magazine.

Leukemia, Lymphoma, and Myeloma

Leukemia & Lymphoma Society (LLS)



Salt Lake City, UT

801-519-6600 or

1-877-243-8908

www.lls.org



LLS is dedicated to finding cures for leukemia, lymphoma, and myeloma and to improving quality of life for patients and families. They offer educational programs, a patient financial aid program, support groups, and telephone and online support.

Prostate

Man to Man



801-483-1500 or

1-800-234-0533

www.cancer.org

The Man to Man program, sponsored by the American Cancer Society, helps men cope with prostate cancer by providing community-based education and support to patients and their family members.

Women

Utah Cancer Control Program (UCCP)



1-800-717-1811

Salt Lake City, UT

www.cancerutah.org



This program works to improve early detection, follow-up, and treatment of breast and cervical cancer. Eligible women may receive the following free screening services through the UCCP: Pap test, pelvic exam, clinical breast exam, instruction on self-breast exam, and a voucher for a free mammogram.

Utah Cancer Resource and Education for Women (UCREW)



801-892-6634

Salt Lake City, UT

www.ucrew.org

The Utah Cancer Resource and Education For Women (UCREW) is a group of caring Utahns interested in decreasing the burden of breast and cervical cancer by increasing awareness, education, access to screening, and support for breast and cervical cancer.

Woman to Woman Support Group



801-587-9208

Salt Lake City, UT

Available to women who are presently dealing with or have dealt with some form of gynecological cancer, this group promotes healing in a safe environment.

NATIONAL All Cancer Types

2bMe



1-800-395-LOOK

www.2bme.org

This resource for teens helps with self-esteem, appearance, friendship, and other non-medical issues while dealing with disease.

American Cancer Society



1-800-ACS-2345 (227-2345)

www.cancer.org

The American Cancer Society is a nationwide, community-based, voluntary health organization dedicated to preventing cancer, saving lives, and diminishing the suffering from cancer.

They offer support groups, patient services, and learning and wellness centers. ACS has many locations throughout the country.



American Psychosocial Oncology Society (APOS)



1-866-276-7443

www.apos-society.org

APOS offers a toll-free helpline that connects cancer patients and their caregivers to counseling services, psychiatrists, nurses, and social workers skilled in managing cancer-related distress.



Association of Cancer Online Resources (ACOR)



www.acor.org

ACOR provides free online cancer resources and support groups for patients and their loved ones. Resources include cancer information, treatment decision-making tools, clinical trials, and cancer-related book recommendations.



Cancer Hope Network



1-877-HOPENET (467-3638)

www.cancerhopenetwork.org

The Cancer Hope Network provides free support by matching cancer patients or family members with trained volunteers who have also undergone and recovered from a similar cancer experience.



Cancer Information and Counseling Line (CICL)



A Service of the AMC Cancer Research Center

1-800-525-3777

www.amc.org

The AMC counseling line provides medical information, emotional support, and free short-term counseling to survivors, caregivers, family members, or anyone with cancer questions.



Cancer.net



1-888-651-3038

www.cancer.net

Cancer.net provides information about cancer treatment, clinical trials, coping, and side effects as well as a "find an oncologist" database and online message boards.



Cancer411.org



www.cancer411.org

Cancer411 hosts message boards and webcasts, and provides a clinical trials locator and other resources on their website.



CancerCare



1-800-813-HOPE (4673)

www.cancercare.org

CancerCare provides free professional support services to people whose lives are affected by cancer. They offer individual and group counseling, online and telephone support groups, financial assistance, and teleconferences.



Cancervive



cancervive@aol.com

www.cancervive.org

Cancervive is dedicated to providing support, public education, and advocacy to those who have experienced this disease. Their mission is to assist survivors to reclaim their lives after cancer.



CarePages



www.carepages.com

CarePages websites are free patient blogs that allow patients to stay connected by posting pictures, videos, and updates during a health challenge.



Caring Bridge



www.caringbridge.org

Caring Bridge allows patients to create a free website to post updates, pictures, and videos to stay connected to loved ones during a critical illness, treatment, and recovery.



Compassionate Friends



1-877-969-0010

www.compassionatefriends.org

Compassionate Friends exists to provide friendship, understanding, and hope to those grieving the loss of a child.

Cure Magazine



www.curetoday.com

CURE Magazine provides updates in cancer research in understandable language. Free.

Family Caregiver Alliance (FCA)



1-800-445-8106

www.caregiver.org

FCA is a public voice for caregivers. Information, education, research, and advocacy can be found with this service.



Gilda's Club Worldwide



1-888-GILDA-4-U (445-3248)

www.gildasclub.org

Gilda's Clubs throughout the United States provide social and emotional support to cancer patients and their loved ones through lectures, workshops, support groups, and special events.



HOPE Guide



www.hopeguide.org

Huntsman Online Patient Education Guide (HOPE Guide) is a website sponsored by Huntsman Cancer Institute. The site contains free cancer information and resources.



I Can Cope



1-800-ACS-2345 (227-2345)

www.cancer.org

I Can Cope is an educational program sponsored by the American Cancer Society to provide a supportive environment for adults with cancer and their loved ones. The program offers several courses designed to help participants cope with their cancer experience by increasing knowledge, positive attitude, and skills. This program is offered in many locations throughout the country. Call to find one near you.

Lance Armstrong Foundation–LIVESTRONG



1-866-235-7205

www.livestrong.org

This foundation provides information and practical tools to help cancer survivors through active treatment and into survivorship.



National Cancer Institute (NCI) Cancer Information Service



1-800-4-cancer
www.cancer.gov

NCI is the government agency that coordinates cancer research. Through their website, telephone, and online resources, NCI offers cancer information, clinical trials listings, and brochures.



National Coalition for Cancer Survivorship (NCCS)



1-877-NCCS-Yes (622-7937)
www.canceradvocacy.org

NCCS provides education and support to cancer survivors and their caregivers. They offer a free audio program, The Cancer Survivor Toolbox, and a searchable cancer resource guide. Survivors can share their own advocacy efforts online.



National Comprehensive Cancer Network (NCCN)



1-888-909-NCCN (6226)
www.nccn.org

NCCN is an alliance of U.S. cancer centers. They develop cancer treatment guidelines for doctors and patients and have a physician referral directory.

Nueva Vida



**202-223-9100 or
1-866-986-8432**

www.nueva-vida.org

This service provides information and support to Latina women who have been diagnosed with cancer.



OncoChat



www.oncochat.org

Provides an online chat community for patients, family, and friends to come together for support and information.

Pregnant with Cancer Network



1-800-743-4471

www.pregnantwithcancer.org

The Pregnant with Cancer Network is a national nonprofit organization for women diagnosed with cancer during pregnancy. Their mission is to connect pregnant women with cancer with other women who have been pregnant and have the same type of cancer. These women lend support, offer hope, and share their experiences with one another through phone and e-mail conversation.

R.A. Bloch Cancer Foundation



**816-854-5050 or
1-800-433-0464**

www.blochcancer.org

This website contains articles and links for cancer patients and their families. The organization provides a matching service to a volunteer cancer patient or survivor, as well as a list of centers offering multidisciplinary second opinions.



Vital Options International



1-800-GRP-ROOM (477-7666)

www.vitaloptions.org

Vital Options hosts The Group Room, a weekly call-in radio talk show where patients, survivors, family members, and physicians discuss cancer issues. It is broadcast every Sunday from 4 to 6 p.m. (ET), and a live simulcast is available online.

Wellness Community



1-888-793-WELL (9355)

www.thewellnesscommunity.org

The Wellness Community offers support, educational materials, online support groups, and other resources to people with cancer.



Bladder

American Bladder Cancer Society



413-684-4240

www.bladdercancersupport.org

This service provides online chat support and information for bladder cancer patients and their families. The website also includes links to blogs of patients and families with bladder cancer.



Bladder Cancer Advocacy Network (BCAN)



1-888-901-BCAN (2226)

www.bcan.org

BCAN provides bladder cancer information, clinical trial listings, a quarterly online newsletter, and a weekly online chat room where survivors share their experiences.



Bladder Cancer Webcafé



www.blcwebcafe.org

This website provides treatment, survivorship information, and resources for patients with bladder cancer.

Bone Marrow and Blood Transplants

Blood & Marrow Transplant Information Network (BMT InfoNet)



1-888-597-7674

www.bmtinfonet.org

BMT InfoNet offers handbooks, newsletters, a volunteer network linking patients with survivors, and online resources for people facing bone marrow, stem cell, or cord blood transplants.



Bone Marrow and Cord Blood Transplantation



<http://bloodcell.transplant.hrsa.gov>

This service provides information and links for Bone Marrow and Cord Blood Transplantation donors and recipients. The website contains data on transplants done in the United States and links for interested donors to join transplantation registries.

National Bone Marrow Transplant Link (nbmtLINK)



1-800-LINK-BMT (546-5268)

www.nbmtlink.org

NBMTLink provides information, advocacy, referrals, books, and resource guides about bone marrow and stem cell transplants.

National Marrow Donor Program (NMDP)



1-800-MARROW-2 (627-7692)

www.marrow.org

NMDP compiles a registry of bone marrow donors, provides information about marrow donation and transplants, offers patient advocacy, and organizes recruitment drives for donors.

The Bone Marrow Foundation



1-800-365-1336

www.bonemarrow.org

The Bone Marrow Foundation provides financial aid, education, and emotional support to transplant patients and their families.



Brain

American Brain Tumor Association (ABTA)



1-800-886-2282

www.abta.org

ABTA offers brain tumor information, support, a pen pal program, a newsletter, and information about treatment facilities.



Children's Brain Tumor Foundation (CBTF)



1-866-228-HOPE (4673)

www.cbtf.org

CBTF funds basic research on pediatric brain tumors. They offer a parent-to-parent support network, telephone support groups, a newsletter, and a toll-free patient support line.

Meningioma Mommas



www.meningiomamommas.org

This service provides support and resources for those with meningiomas. Resources include information, an online discussion board, articles about meningioma, and links to helpful websites.



Musella Foundation for Brain Tumor Research and Information



1-888-295-4740

www.virtualtrials.com

The organization provides a free booklet for those who have been recently diagnosed and tracks information about clinical trials on brain tumors. The website also hosts online support groups.



National Brain Tumor Society



1-800-934-CURE (2873)

www.braintumor.org

NBTF provides information, support, and counseling for brain tumor patients and their families. They offer a newsletter, a patient-to-patient e-mail network, and a patient help fund.



The Brain Tumor Foundation (BTF)



212-265-2401

www.braintumorfoundation.org

BTF offers support groups, medical referrals, peer matching programs, and an annual conference.

The Healing Exchange Brain Trust



617-876-2002

www.braintrust.org

This service offers online support groups for patients, caregivers, and groups dedicated to specific tumor types.



Breast

AdvancedBC.org



www.advancedbc.org

This website provides information for women with metastatic breast cancer. It features links to information, in-person and online support programs, current research, and awareness activities.



Advanced Breast Cancer Community



www.advancedbreastcancercommunity.org

This online support community is for patients of advanced breast cancer, their families, friends, and caregivers. The website includes information about research and treatment for advanced breast cancer and links to decision-making tools.



Breastcancer.org



www.breastcancer.org

This website hosts monthly "Ask The Expert" conferences and has information about all aspects of breast cancer, including prevention, treatment, recovery, and research. They also offer online chat rooms to provide friendship and support.



Breast Cancer Network of Strength



1-800-221-2141

www.networkofstrength.org

This service offers brochures, a newsletter, and 24-hour hotlines staffed by volunteers and counselors who have had breast cancer (male callers can request a male counselor).



Facing Our Risk of Cancer Empowered (FORCE)



1-866-824-RISK (7475)

www.facingourrisk.org

FORCE offers a toll-free helpline, message boards, genetic testing and cancer risk reduction information for women with a family history of breast cancer and those with a BRCA mutation.



HER2 Support Group



www.her2support.org

This service provides information and support for breast cancer patients who are HER2 positive. The website includes information about HER2 positive status, treatment, and research, as well as online message boards.



Imaginis.com



www.imaginis.com

This organization provides resources about a variety of women's health issues, including breast, ovarian, and cervical cancers. It also provides an online discussion board and newsletters.



Inflammatory Breast Cancer Research Foundation



1-877-STOP-IBC (786-7422)

www.ibcresearch.org

This foundation provides information, support, and online discussion groups for women diagnosed with, or concerned about, inflammatory breast cancer.



John W. Nick Foundation



www.johnwnickfoundation.org

This foundation provides information and resources for male breast cancer. The website tracks research studies and provides a quarterly newsletter.

Living Beyond Breast Cancer (LBBC)



1-888-753-LBBC (5222)

www.lbbsc.org

LBBC provides resources and support for people affected by breast cancer. They host teleconferences and a survivors' helpline where callers speak to trained volunteers who have also been affected by breast cancer.

Men Against Breast Cancer



1-866-547-MABC (6222)

www.menagainstbreastcancer.org

This service provides online support and information for men whose female partner has been diagnosed with breast cancer.



Mothers Supporting Daughters with Breast Cancer



410-778-1982

www.mothersdaughters.org

This service provides online support and information for women whose daughters have been diagnosed with breast cancer.



National Breast Cancer Coalition (NBCC)



1-800-622-2838

www.stopbreastcancer.org

NBCC is a group that focuses on research, advocacy, and access to treatment and clinical trials for all women with breast cancer.

Reach to Recovery



1-800-ACS-2345 (227-2345)

www.cancer.org

Reach to Recovery helps both males and females cope with their breast cancer experience. It gives patients and family members an opportunity to express feelings, talk about fears and concerns, and ask questions. Volunteers offer understanding, support, and hope because they have survived breast cancer and gone on to live normal, productive lives. This program is offered in many locations throughout the country.

SHARE Self-Help for Women with Breast or Ovarian Cancer



1-866-891-2392

www.sharecancersupport.org

SHARE provides hotlines, support groups, educational programs, and advocacy activities for women with early stage, recurrent, or metastatic breast cancer.



Susan G. Komen for the Cure



1-877-GO-KOMEN (465-6636)

www.komen.org

Susan G. Komen for the Cure offers a toll-free helpline and online breast cancer information. They raise funds for breast cancer research through events such as Race for the Cure.



Young Survival Coalition (YSC)



1-877-YSC-1011 (972-1011)

www.youngsurvival.org

YSC is dedicated to the concerns and issues unique to young women with breast cancer. They provide information and advocacy and sponsor a yearly conference.



Young Survivor Sisters



801-388-1699

e-mail: youngsurvivorsisters@gmail.com

www.youngsurvivorsisters.blogspot.com

To love, support, and offer guidance to women under 45 who are currently fighting cancer.



Childhood

Candlelighters Childhood Cancer Foundation



1-800-366-CCCCF (2223)

www.candlelighters.org

Candlelighters affiliates across the country provide advocacy, newsletters, support groups, and activities for families.



Children's Brain Tumor Foundation (CBTF)



1-866-228-HOPE (4673)

www.cbtf.org

CBTF funds basic research on pediatric brain tumors. They offer a parent-to-parent support network, telephone support groups, a newsletter, and a toll-free patient support line.

Children's Cancer Association (CCA)



503-244-3141

www.childrenscancerassociation.org

CCA provides services to children with cancer and their families, including a national resource directory, Music Rx and Chemo Pal programs for children in the hospital, and the Dreamcatcher wish granting program.



Children's Hospice International



1-800-242-4453

www.chionline.org

This service provides education and technical assistance to those caring for children with life-threatening conditions. It also provides home-based support and information and referral services.



CureSearch



1-800-458-6223

www.curesearch.org

CureSearch provides information to patients, families, and health professionals about childhood cancer. They also conduct and fund research and clinical trials.



National Children's Cancer Society



1-800-5-FAMILY (532-6459)

www.nationalchildrenscancersociety.com

This society provides direct financial assistance, online support, and educational materials for families of children with cancer.



Pediatric GIST



www.pediatricgist.org

This service provides information and support for pediatric patients with GIST or Camey's Triad.



Rocky Mountain Candlelighters



1-888-556-2737

www.childhoodcancer.org

Candlelighters enhances the lives of children with cancer and their families by providing hope, emotional and practical support, education, research, and patient advocacy. They provide in-hospital services at Primary Children's Medical Center and community-based services such as counseling, monthly activities, weekend family camps, a newsletter, and Angel Family Tribute for families who have lost a child to cancer.



Starlight Starbright Children's Foundation



1-800-315-2580

www.starlight.org

The Starlight Starbright Children's Foundation helps seriously ill children and adolescents cope with psychosocial and medical challenges. They offer free online, in-hospital, outpatient, school, and home-based programs and services.

Teens Living with Cancer



585-563-6221

www.teenslivingwithcancer.org

This website for teenagers with cancer provides information, online peer support groups, and message boards.



Colon and Rectum

Colon Cancer Alliance (CCA)



1-877-422-2030

www.ccalliance.org

CCA provides information, a newsletter, and a network for colon and rectal cancer survivors, caregivers, people with a genetic predisposition to the disease, and other individuals touched by colorectal cancer.



Colorectal Cancer Coalition (C3)



202-244-2906 or

1-877-4CRC-111 (427-2111)

www.c-three.org

www.fightcolorectalcancer.org

C3 provides information about colon cancer prevention, research, clinical trials, treatment, and advocacy.



MyCRCConnections



1-877-422-2030

www.mycrcconnections.com

This service provides information and support about colorectal cancer patients and their families. The website enables patients to construct their own webpage and participate in online support groups.



The Colon Club



www.colonclub.com

This service connects patients and survivors through online message boards and “crazy projects.” The club also produces the annual Colondar.



United Ostomy Association of America, Inc.



1-800-826-0826

www.uoaa.org

UOAA is a national network of ostomy support groups. They offer listings of local support groups, online discussion and chat rooms, and a magazine.



Esophageal

Cathy's EC Café



www.eccafe.org

This online resource is for patients with esophageal cancer. The café provides patient and survivor stories, online discussion groups, a variety of articles, and links to several websites.



Family and Friends

Kids Connected



1-800-899-2866

www.kidsconnected.org

Kids Connected's mission is to provide friendship, understanding, education, and support for children who have a parent with cancer or have lost a parent to cancer.



Lotsa Helping Hands



www.lotsahelpinghands.com

Lotsa Helping Hands is a free, online tool that creates group calendars for family and friends organizing help for loved ones with a serious illness. Users are notified by e-mail about the patient's needs and can volunteer to help.

National Alliance for Caregiving



301-718-8444

www.caregiving.org

The National Alliance for Caregiving provides information and educational brochures for caregivers of family members with serious illness.

National Family Caregivers Association



1-800-896-3650

www.thefamilycaregiver.org

This association provides information and support for caregivers, including educational materials, newsletter, and an online peer bulletin board.



Star Campaign



202-659-9709

www.starcampaign.org

This service allows patients to recognize and honor a family member, friend or health care worker who has been a star in their life. Stars are listed in the Star Walk of Fame and are honored with a downloadable certificate. The website also includes information for the caregivers.

Supersibs!



1-866-444-SIBS (7427)

www.supersibs.org

Supersibs! supports and informs children whose brothers or sisters have cancer. They offer chat rooms, journals, booklets, newsletters, and a scholarship program.



Well Spouse Association



1-800-838-0879

www.wellspouse.org

This association serves the wives, husbands, and partners of the chronically ill. It provides support groups, newsletter, and an online chat forum.



Young Cancer Spouses



www.youngcancerspouses.org

This service brings young adult spouses of cancer patients together in an online support group. The website also contains information about relationships, caregiving, and medical care.



GIST

GIST Support International



www.gistsupport.org

This service provides online support groups and message boards for patients with GIST and their families. The website also provides information about treatment and research for gastrointestinal stromal tumors.



The Life Raft Group



973-837-9092

www.liferaftgroup.org

The Life Raft Group provides support through information, education, and innovative research to patients with GIST.



Gynecological

EyesOnThePrize.org



www.eyesontheprize.org

EyesOnThePrize.org provides information and functions as an online support group for women with gynecologic cancers, their families and friends, and health care providers.



Facing Our Risk of Cancer Empowered (FORCE)



1-866-824-RISK (7475)

www.facingourrisk.org

FORCE offers a toll-free helpline, message boards, genetic testing and cancer risk reduction information for women with a family history of ovarian cancer and those with a BRCA mutation.



Imaginis.com



864-335-1139

www.imaginis.com

This service provides resources about a variety of women's health issues, including breast, ovarian, and cervical cancers. The organization provides an online discussion board and newsletters.



National Cervical Cancer Coalition (NCCC)



1-800-685-5531

www.nccc-online.org

NCCC provides information about cervical cancer prevention, screening, and treatment. They host phone pal and e-pal support programs, newsletters, and conferences.



National Ovarian Cancer Coalition (NOCC)



1-888-OVARIAN (682-7426)

www.ovarian.org

NOCC offers a toll-free telephone service and promotes patient advocacy, support, and education.



Ovarian Cancer National Alliance



202-331-1332 or

1-866-399-6262

www.ovariancancer.org

The organization distributes educational materials, sponsors an annual conference, and advocates for ovarian cancer research.

SHARE Self-Help for Women with Breast or Ovarian Cancer



1-866-891-2392

www.sharecancersupport.org

SHARE provides hotlines, support groups, educational programs, and advocacy activities.



Women's Cancer Network (WCN)



1-800-444-4441

www.wcn.org

WCN provides information about gynecological cancers and makes referrals to cancer specialists.



Hospice

American Hospice Foundation



1-800-347-1413

www.americanhospice.org

This foundation supports programs that serve the needs of terminally ill and grieving individuals of all ages.

Hospice Education Institute



1-800-331-1620

www.hospiceworld.org

They offer information about hospice care and a directory of hospice programs. They are also a resource for patients and caregivers to call with questions and concerns.

Hospice Foundation of America



1-800-854-3402

www.hospicefoundation.org

This foundation provides information and educational materials about end of life, grief, and choosing hospice services. They also host annual bereavement teleconferences.



National Association for Home Care and Hospice (NAHC)



202-547-7424

www.nahc.org

NAHC maintains a provider directory and information about choosing home care and hospice services.

National Hospice and Palliative Care Organization (NHPCO)



1-800-658-8898

www.nhpco.org

NHPCO's information line and Caring Connections website provide information about all aspects of hospice and end-of-life care, including finding a provider, advanced directives, caregiving, and coping with grief.



Kidney

American Kidney Fund



1-800-638-8299

www.kidneyfund.org

The American Kidney Fund serves people with and at risk for kidney disease through direct financial assistance, education, clinical research, and community service programs.



Kidney Cancer Association (KCA)



1-800-850-9132

www.kidneycancer.org

KCA offers information about kidney cancer treatment, clinical trials, and research as well as a nurse hotline, a free newsletter, and a chat room.



Leukemia, Lymphoma, and Myeloma (Blood and Marrow-related)

Aplastic Anemia and MDS International Foundation



1-800-747-2820

www.aamds.org

This organization provides information and online peer support to those with myelodysplastic syndromes (MDS) and bone marrow diseases.



Cutaneous Lymphoma Foundation



248-644-9014

www.clfoundation.org

This foundation promotes awareness, education, patient care, and research. It also provides educational forums, online support groups, and a listserv.



International Myeloma Foundation (IMF)



1-800-452-CURE (2873)

www.myeloma.org

IMF provides treatment information through a toll-free hotline, packets, seminars, conferences, and a newsletter.



International Waldenstrom's Macroglobulinemia Foundation



941-927-4963

www.iwmf.com

This foundation provides information, resources, a communication network, encouragement, and experience on how to live for those affected by this disease.



Leukemia and Lymphoma Society (LLS)



1-800-955-4572

www.leukemia-lymphoma.org

www.lls.org

The LLS helps patients and families through support groups, education, a toll-free phone service, and financial assistance.



Lymphoma Foundation of America



1-800-385-1060

www.lymphomahelp.org

This foundation offers peer counseling, support, referrals for legal advice and second opinions, and treatment information.



Lymphoma Research Foundation (LRF)



1-800-500-9976

www.lymphoma.org

LRF provides funding for research and offers brochures, a patient-to-patient support program, a newsletter, a patient aid grant program, and clinical trials information.



MPD Foundation



312-683-7243

www.mpdfoundation.org

This foundation provides links, information, and support groups for myeloproliferative disorders.



Multiple Myeloma Research Foundation (MMRF)



203-229-0464

www.multiplemyeloma.org

MMRF funds research and offers services, information, and advocacy for patients.

Myeloproliferative Disorders



www.mpdinfo.org

This service provides links to clinical trials, information, educational conferences, and online support groups.



The Max Foundation



1-888-462-9368

www.themaxfoundation.org

This foundation provides free one-on-one and group support, advocacy, and information for patients with blood-related cancers.



The Myelodysplastic Syndromes Foundation



1-800-MDS(637)-0839

www.mds-foundation.org

This service provides patients with referrals to centers of excellence, information about clinical trials, sharing of new research and treatment options, and educational support.

Liver

American Liver Foundation



866-953-1800

www.liverfoundation.org

This foundation's mission is to facilitate, advocate, and promote education, support, and research for the prevention, treatment, and cure of liver disease.



Lung

American Lung Association



1-800-LUNGUSA (586-4872)

www.lungusa.org

The mission of the American Lung Association is to save lives by improving lung health and preventing lung disease.



Caring Ambassadors Lung Cancer Program



503-632-9032

www.lungcancercap.org

This program works to provide information, compassion, and support, increase awareness, and bring hope to people living with lung cancer and their loved ones.



Lung Cancer Alliance



1-800-298-2436

www.lungcanceralliance.org

The Lung Cancer Alliance provides information and support to patients with and at risk for lung cancer. They offer a lung cancer hotline, a peer-to-peer support program, and a quarterly newsletter.



Lung Cancer Online Foundation (LCOF)



www.lungcanceronline.org

LCOF's website is a directory of Internet information and lung cancer resources for patients and families.

Lungcancer.org



A service of CancerCare

1-800-813-HOPE (4673)

www.lungcancer.org

This website and toll-free line provide information and support to patients, families, and health professionals dealing with lung cancer.



Lungevity Foundation



312-464-0716

www.lungevity.org

This foundation provides information and support for people affected by lung cancer.



National Lung Cancer Partnership



608-233-7905

www.nationallungcancerpartnership.org

The National Lung Cancer Partnership advocates for lung cancer awareness and research. They provide information about lung cancer for patients and health professionals.

Melanoma and Skin

American Academy of Dermatology (AAD)



1-866-503-SKIN (7546)

www.aad.org

AAD's website and educational materials provide information about melanoma prevention and treatment, as well as resources for locating local dermatologists and skin cancer screenings.



American Melanoma Foundation (AMF)



858-882-7712

www.melanomafoundation.org

AMF runs melanoma support groups in several U.S. cities and provides information about melanoma treatment and prevention.

Melanoma Center



www.melanomacenter.org

This website offers information and resources about melanoma prevention, detection, treatment, and support.



Melanoma International Foundation



1-866-463-6663

www.melanomaintl.org

This foundation works to create effective melanoma prevention and treatment programs. They offer information about melanoma and a toll-free patient hotline.

The Melanoma Research Foundation (MRF)



1-800-MRF-1290 (673-1290)

www.melanoma.org

MRF funds grants to top melanoma researchers, publishes a newsletter, and sponsors symposiums about the latest research.

The Skin Cancer Foundation



212-725-5176

www.skincancer.org

This foundation holds educational programs and raises money to fund skin cancer research. Their website and materials provide information about melanoma prevention and treatment.



Mesothelioma

Mesothelioma Applied Research Foundation (MARF)



1-877-END-MESO (363-6376)
www.curemeso.org

MARF funds mesothelioma research and provides information, advocacy, and an online support community for mesothelioma patients and their families.



Mesothelioma Research Foundation of America



1-800-909-MESO (6376)
www.mesorfa.org

This foundation provides funding for research and offers information about asbestos exposure and the treatment of mesothelioma.

Neuroendocrine

The Carcinoid Cancer Foundation



1-888-722-3132
www.carcinoid.org

This foundation's purpose is to encourage and support research and education on carcinoid and related neuroendocrine cancers. Support groups are listed.



Oral, Head, and Neck

Head and Neck Cancer Alliance



843-792-6624
www.headandneck.org

This organization hosts an online forum, organizes support groups, and sponsors Head and Neck Cancer Awareness Week.



International Association of Laryngectomies (IAL)



www.theial.com

IAL provides resources, referrals, and support to patients who have had or will have a laryngectomy.



Let's Face It



e-mail: faceit@umich.edu
www.dent.umich.edu/faceit

Let's Face It links people with facial disfigurement and all who care for them to resources, information, and support.



Oral Cancer Foundation



949-646-8000
www.oralcancerfoundation.org

This foundation provides information about oral cancer risk factors, treatment, research, and current news. They also host a patient/survivor forum.



Support for People with Oral and Head and Neck Cancer (SPOHNC)



1-800-377-0928
www.spoync.org

SPOHNC offers a survivor-to-survivor network, a newsletter, information, and educational materials.



Pancreatic

Hirshberg Foundation for Pancreatic Cancer Research



310-473-5121
www.pancreatic.org

This foundation's continued funding of basic and translational research offers a chance for life extension, better treatment options, and eventually, a cure.

The Lustgarten Foundation for Pancreatic Research



866-789-1000
www.lustgarten.org

The mission of this foundation is to advance scientific and medical research related to the diagnosis, treatment, cure, and prevention of pancreatic cancer.



Pancreatic Cancer Action Network (PanCan)



1-877-2-PANCAN (272-6226)
www.pancan.org

PanCan provides pancreatic cancer information, brochures, a toll-free phone hotline, patient-to-patient and caregiver support networks, and regional advocacy groups called Team Hope.



Pancreatica.org



1-800-525-3777

www.pancreatica.org

This website answers frequently asked questions about pancreatic cancer, contains a clinical trials database, and provides users with research and news articles.

Prostate

Man to Man



1-800-ACS-2345 (227-2345)

www.cancer.org

This program, sponsored by the American Cancer Society, helps men cope with prostate cancer by providing community-based education and support to patients and their family members.



Prostate Cancer Foundation



1-800-757-CURE (2873)

www.prostatecancerfoundation.org

This foundation funds research and provides information, educational materials, and a newsletter. They also sponsor national advocacy and fundraising events.

Prostate Cancer Research Institute



www.prostate-cancer.org

This program provides information through conferences, seminars, a HelpLine, newsletters, and other publications.



Reel Recovery



1-800-699-4490

www.reelrecovery.org

This is a program for men in treatment for or recovering from cancer. These retreats combine fly-fishing instruction with the opportunity for men to share their experiences. Free.

US TOO! International



1-800-80-US TOO (808-7866)

www.ustoo.org

This network of support groups for men with prostate cancer and their families offers a toll-free support line, newsletters, web-based communities, and information about treatment.



Zero—The Project to End Prostate Cancer



1-888-245-9455

www.zerocancer.org

This service provides information about prostate cancer and offers a variety of programs throughout the year to raise awareness and fight to end prostate cancer.



Rare Cancers

National Institutes of Health

Office of Rare Diseases



1-888-205-3223 or 1-888-205-2311

www.rarediseases.info.nih.gov

This office answers questions and provides information about research findings, clinical trials, and patient support groups.



National Organization for Rare Disorders (NORD)



203-797-9590 or 1-800-999-6673

www.rarediseases.org

NORD offers support through a newsletter, an information database, and medication assistance and networking programs.



Sarcoma

Sarcoma Alliance Online Support Groups



415-381-7236

www.sarcomaalliance.org

The Sarcoma Alliance provides guidance, education, and support for individuals with sarcoma and their loved ones.



Sarcoma Foundation of America



301-253-8687

www.curesarcoma.org

This foundation raises awareness and funds for research. They provide information about sarcoma, host online forums, and sponsor state chapters.

The Liddy Shriver Sarcoma Initiative



914-762-3251

www.sarcomahelp.org

The Liddy Shriver Sarcoma Initiative raises research funds and provides information about various types of sarcoma.

Testicular

TC-Cancer.com



www.tc-cancer.com

This service offers testicular cancer online information and a support forum.



Testicular Cancer Resource Center



<http://tcrc.acor.org>

The Testicular Cancer Resource Center provides information about all aspects of testicular cancer, including treatment, side effects, fertility, and survivorship. This site also hosts an e-mail support group.



Thyroid

American Thyroid Association



1-800-THYROID (849-7643)

www.thyroid.org

This association provides information and support for patients with thyroid cancer.



Thyroid Cancer Survivors' Association, Inc. (ThyCa)



1-877-588-7904

www.thyca.org

ThyCa provides information about thyroid cancer as well as online support groups, a person-to-person network, conferences and workshops for patients, and a newsletter.



Wellness

American Institute for Cancer Research (AICR)



1-800-843-8114

www.aicr.org

AICR's website, phone line, and brochures provide information about cancer prevention and eating during and after treatment. Registered dietitians answer questions online and by phone.

American Pain Foundation



1-888-615-PAIN (7246)

www.painfoundation.org

This foundation provides pain management information, hosts online support groups, and publishes newsletters.



CancerSymptoms.org



A Service of the Oncology Nursing Society

www.thecancerjourney.org

This website provides information about common cancer treatment symptoms such as fatigue, pain, and depression.



Erectile Dysfunction Information Center



952-852-5560

www.erectile-dysfunction-treatment.org

This service provides information to men with ED and their partners.

Fertile Hope



1-888-994-HOPE (4673)

www.fertilehope.org

This service provides information and support to cancer patients whose treatments present the risk of infertility. They offer brochures, provider referrals, and a financial assistance program.



Look Good...Feel Better



1-800-395-LOOK (5665)

www.lookgoodfeelbetter.org

This program, sponsored by the American Cancer Society, provides free tips and information to help patients cope with appearance-related changes from cancer treatment. Makeover tips are available online, by phone, and through classes taught throughout the United States.



Look Good...Feel Better For Men



www.lookgoodfeelbetterformen.org

This website provides information on how to combat appearance-related side effects of cancer treatment to look and feel confident and in control.

National Lymphedema Network (NLN)



1-800-541-3259

www.lymphnet.org

NLN offers lymphedema information, a newsletter, yearly conferences, and referrals to health care providers who offer lymphedema treatment, and support groups.



The Neuropathy Association



212-692-0662

www.neuropathy.org

This association sponsors research and provides information and support to people with neuropathy.



United Ostomy Associations of America, Inc.



1-800-826-0826

www.uoaa.org

UOAA is a national network of ostomy support groups. They offer listings of local support groups, online discussion and chat rooms, and a magazine.

Young Adults

I'm Too Young for This!



1-877-SFL-HOPE (735-4673)

www.imtooyoungforthis.org

www.i2y.com

I'm Too Young for This! provides support services for adolescents and young adults, as well as resources on using music and the arts as a way for survivors to express themselves. Provides support groups, one-on-one peer matching, and professional counseling.



Ulman Cancer Fund for Young Adults



1-888-393-FUND (3863)

www.ulmanfund.org

This resource provides scholarships, support, and information for young adults with cancer.



Young Adult Cancer Survivors



1-866-439-9365

www.thesamfund.org

This service offers online support, grants, and scholarships for young adult cancer survivors.



FINANCIAL ASSISTANCE Local

211 Info Bank



Dial 211 or

1-888-826-9790



www.informationandreferral.org

www.utahcares.utah.gov



This service offers referrals to emergency food pantries, rental assistance, public health clinics, child care, support groups, and legal aid provided by nonprofit and government agencies.



Access Utah Network



1-800-333-8824

e-mail: accessut@utah.gov

www.accessut.org



This service offers statewide information and referrals for people with disabilities to find accessible housing, assistive technology, and financial and social supports needed to live independently with a disability.

Aging and Adult Services



1-877-4-AGING0 (424-4640)

e-mail: daas@utah.gov

www.hsdaas.utah.gov

These departments throughout Utah provide services for people over 60, including Meals on Wheels, transportation, and caregiver and employment programs. For information, contact your county government office.

American Cancer Society (ACS) Learning and Wellness Center



801-483-1500 or

1-800-234-0533

www.cancer.org



This center, sponsored by the American Cancer Society, offers free wigs, hats, scarves, college scholarships, and free financial resource packets to cancer patients. Office hours are Monday to Friday, 8:30 a.m.-5 p.m. Call for Utah locations.



Children's Health Insurance Program (CHIP)



1-877-KIDS-NOW (543-7669)

www.utahchip.org



CHIP is a state health insurance plan for children. Eligible families without insurance can apply during open enrollment.

Financial Counselors



Most hospitals and treatment centers have counselors who can help with financial and insurance concerns. Contact your treatment facility for more information.

Fundraising

Fundraising is one way to cover the costs of cancer treatment. The organizations in this guide and local libraries are good places to find fundraising information.

Health Access Project (HAP)



801-412-3980

Salt Lake County

www.healthaccessproject.org



HAP works with a volunteer provider network to offer health care to low-income, uninsured residents of Salt Lake County.



HEAT (Home Energy Assistance Target)



801-538-8700 or

1-877-488-3233

www.housing.utah.gov/seal/heat.html

The HEAT program provides help with winter utility bills to low-income households. For more information, please call or visit the HEAT website.

HIPUtah (Utah Comprehensive Health Insurance Pool)



801-442-6660 or

1-800-705-9173

www.selectthehealth.org



HIPUtah provides coverage for eligible Utah residents with serious medical conditions who are considered too high-risk to qualify for private health insurance.



Make-A-Wish Foundation Utah



801-262-WISH (9474) or

1-800-860-9474

www.makeawishutah.org



The Make-A-Wish Foundation grants a special wish for children age 18 or younger who have a life-threatening illness.

Medicaid



801-538-6155 or 1-800-662-9651

www.health.utah.gov/medicaid



Medicaid is a health insurance program for uninsured Utah residents who cannot afford the costs of health care. For more information and eligibility requirements, call or visit the website.

Needs Beyond Medicine—Utah Cancer Resource and Education for Women (UCREW)



801-892-6634

e-mail: info@ucrew.org

www.ucrew.org

This service provides up to \$250 to women and men diagnosed with breast cancer. Funding is available to cover costs not met by insurance or other community resources.

PERKIE Travels—A Service of Active Re-Entry



435-637-4950

e-mail: active@arecil.org

www.arecil.org



PERKIE Travels provides free transportation for patients living in Carbon and Emery counties receiving radiation therapy in Utah County.

Radiation Vacation Van—Vernal Shuttle



435-247-1177

This service shuttles patients to Huntsman Cancer Institute from Vernal/Roosevelt.

REACH Utility Assistance Program American Red Cross



1-800-328-9272

www.utahredcross.org



REACH provides emergency assistance to people who are having difficulty paying their utility bills.

Road to Recovery



801-483-1500 or

1-800-234-0533

www.cancer.org

Road to Recovery, sponsored by the American Cancer Society, provides limited transportation to and from hospitals, doctors' offices, and cancer treatment facilities.

Ronald McDonald House Charities



801-363-4663
Salt Lake City UT

www.rmhc.com



Ronald McDonald Houses provide free or low-cost housing for families of seriously ill children receiving treatment at nearby hospitals.

RxConnect Utah



1-866-221-0265

www.health.utah.gov/rxconnectutah

This service links Utahns to drug discount cards and assistance programs to help pay for prescription medications.

Thavma Foundation



445 E. 200 S., Suite 140
Salt Lake City, UT 84119
801-231-6201

www.thavma.org

This foundation provides financial assistance for the local community of adult lymphoma transplant patients as they commence the healing process, overcome the disease, and rebuild their lives.

The Leukemia & Lymphoma Society (LLS) Utah Chapter



801-519-6600 or
1-877-243-8908



Salt Lake City, UT
www.lls.org

The LLS patient financial aid program offers up to \$500 per year for costs associated with transportation, drugs, and treatment for those suffering from blood-related cancers.

Utah Cancer Control Program (UCCP) Breast and Cervical Screening Programs



1-800-717-1811

www.cancerutah.org



UCCP offers free or low-cost breast and cervical screening to eligible women. It also provides Medicaid information to women with breast or cervical cancer who cannot afford treatment costs.

Utah Health Care Safety Net



www.health.utah.gov/safetynet



This website lists links and phone numbers to a variety of Utah health care service organizations.



Utah Insurance Department



801-538-3800 or
1-800-439-3805

www.insurance.utah.gov



The Utah Insurance Department answers questions and provides free help with insurance problems.



"And Justice for All"



801-924-3183

www.andjusticeforall.org

This resource provides legal services to low-income individuals and referrals to free legal clinics throughout the state.



Utah PricePoint System



www.utpricepoint.org

This website provides information comparing costs of inpatient stays for a variety of procedures across the state.

Utah State Bar



801-531-9077

www.utahbar.org/public

The Utah State Bar provides information about free legal services available throughout the state.



Utah Transit Authority (UTA)



Schedule: 801-RIDE-UTA (743-3882)
1-888-RIDE-UTA (743-3882)

Paratransit: 801-BUS-RIDE (287-7433)
www.rideuta.com

UTA offers discounted fares to individuals over age 65 and paratransit for individuals with disabilities who cannot use the regular bus system.

Utah's Premium Partnership for Health Insurance (UPP)



1-888-222-2542

www.health.utah.gov/upp

UPP helps pay monthly health insurance premiums for eligible Utahns with access to health insurance through their employer.



National

A Special Wish Foundation



1-800-486-WISH (9474)

www.spwish.org

This service grants wishes to children who are diagnosed with a life-threatening disorder.

AARP



1-888-OUR-AARP (687-2277)

www.aarp.org

AARP provides discounts on many services for people 50 years and older who pay a membership fee.



Air Care Alliance



1-888-260-9707

www.aircareall.org

The Air Care Alliance provides a listing of organizations that offer free flights to individuals who cannot afford the cost of traveling to and from health care facilities.

American Kidney Fund



1-800-638-8299

www.kidneyfund.org

The American Kidney Fund serves people with and at risk for kidney disease through direct financial assistance, education, clinical research, and community service programs.



Angel Flight West



1-888-4-AN-ANGEL (426-2643)

www.angelflightwest.org

This service provides free flights on private aircraft to people in Western states with a health care or other compelling need. For flights to or from other states, contact Angel Flight America toll free at 1-877-621-7177 or online at www.angelflightamerica.org.

Benefits Check Up



A service of the National Council on Aging

www.benefitscheckup.org

The BenefitsCheckUp website links people over age 55 to programs that help pay for medications, health care, rent, utilities, and other essential items and services.



Breast Cancer Network of Strength



1-800-221-2141

www.networkofstrength.org

This resource offers wigs and prosthetics to women with breast cancer.



Cancer For College



www.cancerforcollege.org

This service provides hope and inspiration to cancer survivors and amputees by providing college scholarships.

Cancer Fund of America

www.cfoa.org

This service sends free products to patients and hospices.

Cancer Legal Resource Center



A service of the Disability Rights Legal Center

213-736-1455 or

1-866-THE-CLRC (843-2572)

www.cancerlegalresourcecenter.org

This service provides free information and advice about cancer-related legal issues.

CancerCare



1-800-813-HOPE (4673)

www.cancercare.org



CancerCare provides financial grants to people who need help paying for cancer treatment. Grants cover medication, home care, transportation, and other treatment-related costs.

Cancer Survivors' Fund



281-437-7142

www.cancersurvivorsfund.org



Cancer Survivors' Fund provides scholarships for young cancer survivors and prosthetic limbs to disadvantaged young adults.

Children's Organ Transplant Association (COTA)



1-800-366-2682

www.cota.org

COTA provides fundraising assistance to families of children who are in need of a bone marrow or organ transplant.

Chronic Disease Fund, Inc.



1-877-968-7233

www.cdfund.org

This resource provides financial assistance to underinsured patients diagnosed with chronic disease or cancer. They help pay patient out-of-pocket costs.

Corporate Angel Network (CAN)



1-866-328-1313

www.corpangelnetwork.org

CAN provides free flights on corporate jets for cancer patients, bone marrow donors, and bone marrow recipients traveling to recognized cancer treatment centers in the United States.

Dream Foundation



805-564-2131 or

310-444-3070

www.dreamfoundation.org

This foundation grants wishes to patients over age 18 whose life expectancy is one year or less.

Eldercare Locator



1-800-677-1116

www.eldercare.gov

Eldercare Locator connects older Americans and their caregivers with local agencies and organizations that provide services.

Fertile Hope



1-888-994-HOPE (4673)

www.fertilehope.org

Fertile Hope's sharing hope program offers reduced-cost sperm banking, fertility medications, and embryo and egg freezing procedures for men and women with certain cancers.

GovBenefits.gov



1-800-FED-INFO (333-4636)

www.govbenefits.gov



This program links people to government benefits and provides information about how to apply for those benefits.

Hill-Burton Free Care Program



1-800-638-0742

www.hrsa.gov/hillburton

This program requires several U.S. medical facilities to provide free or low-cost care to eligible patients.

Hospital Traveler



1-866-460-9683

www.hospitaltraveler.com

Hospital Traveler provides help and information to patients and families who are traveling for medical care. Their staff can make hotel reservations and offer discounted air and car rental rates.

Income Tax Deductions



www.irs.gov

Some medical costs not covered by insurance are tax deductible. Contact your IRS office or a tax consultant for information.

Jake Owen Raborn Foundation



1-888-356-5253

www.jakesfoundation.org

This foundation provides financial assistance to families of children diagnosed with pediatric cancer.

Joe's House



1-877-JOES-HOU (563-7468)

www.joeshouse.org

This housing resource for cancer patients who must travel for medical treatment provides a list of cancer treatment centers and nearby lodging facilities.

LawHelp



www.lawhelp.org

LawHelp answers questions about legal rights and provides information about free legal aid programs in the United States.

Limbs for Life



1-888-235-5462

www.limbsforlife.org

Limbs for Life funds prosthetics and prosthetic care for individuals who cannot otherwise afford it.

Livestrong SurvivorCare



1-866-235-7205

www.livestrong.org/survivorcare

The LIVESTRONG SurvivorCare program offers help with financial, employment, and insurance issues.

Lymphoma Research Foundation (LRF)



1-800-500-9976

www.lymphoma.org

LRF offers a limited financial assistance program to help uninsured and underinsured with unpaid medical bills.

Make-A-Wish Foundation



602-279-WISH (9474) or

1-800-722-WISH (9474)

www.wish.org

The Make-A-Wish Foundation grants a special wish for children age 18 or younger who have a life-threatening illness.

Making Memories Breast Cancer Foundation



503-491-8091

www.makingmemories.org

This program grants wishes to patients with metastatic breast cancer so they may create lasting memories with loved ones.

Medicare



1-800-MEDICARE (633-4227)

www.medicare.gov



This government insurance program is for individuals who are age 65 or older and for individuals with permanent disabilities.

National Association of Hospital Hospitality Houses, Inc. (NAHHH)



1-800-542-9730

www.nahhh.org

NAHHH provides a list of hospitality houses that provide free or low-cost lodging for patients who are visiting treatment centers away from home.

National Breast and Cervical Cancer Early Detection Program (NBCCEDP)



1-888-232-6348 or

1-800-CDC-INFO (232-4636)

www.cdc.gov/cancer/nbccedp



NBCCEDP provides free or low-cost breast and cervical screening to women who meet age and income guidelines.

National Children's Cancer Society



1-800-532-6459

www.nationalchildrenscancersociety.com

The National Children's Cancer Society provides financial assistance related to treatment expenses for children with cancer and college scholarships to childhood cancer survivors.



National Collegiate Cancer Foundation (NCCF)



717-215-0943

www.collegiatecancer.org

NCCF is committed to providing need-based financial support to young adult survivors who are pursuing higher education throughout their treatment and beyond.

National Foundation for Transplants (NFT)



1-800-489-3863

www.transplants.org

NFT provides fundraising assistance and advocacy for transplant patients and their families.



National Organization for Rare Disorders (NORD)



1-800-999-6673 or 1-877-798-8716

www.rarediseases.org

NORD's assistance programs help uninsured or underinsured individuals with rare diseases pay for needed medications.



National Patient Travel Center (NPTC)



1-800-296-1217

www.patienttravel.org

NPTC provides information about all forms of charitable, long-distance air transportation for people traveling for medical care.

NeedyMeds



www.needy meds.com

NeedyMeds provides information about programs that help patients with the costs of their prescription medications.

NETWISH



www.netwish.org

Netwish provides up to \$500 direct and immediate assistance to families and individuals who desperately require a modest helping hand.



Nicki Leach Foundation



904-304-8531

www.nickileach.org

This resource provides financial assistance to individuals ages 16 to 25 with cancer for an opportunity to enjoy normal or extraordinary activities they might not otherwise be able to afford.



No Wooden Nickels



1-888-842-2654

www.nowoodennickels.org

This service provides assistance to cancer patients for indirect costs.



Partnership for Prescription Assistance



1-888-4PPA-NOW (477-2669)

www.pparx.org

This program helps patients get the medicines they need through public or private assistance programs.



Patient Access Network Foundation



1-866-316-PANF (7263)

www.panfoundation.org

This foundation provides financial support for out-of-pocket medication costs to treat several types of cancer.

Patient Advocate Foundation



1-800-532-5274 or

1-866-512-3861

www.patientadvocate.org

www.copays.org

This foundation helps with insurance, job retention, and debt issues. Their co-pay relief program provides financial assistance to insured patients with certain cancers.



Patient Services, Inc. (PSI)



1-800-366-7741

www.uneedpsi.org

PSI subsidizes health insurance premiums and pharmacy co-payments for people with rare disorders and some cancers.



Pediatric Brain Tumor Foundation



1-800-253-6530

www.pbtfus.org

Offers a scholarship program to students who have survived a central nervous system tumor.

Rise Above It



www.raibenefit.org

Patients diagnosed between the ages of 18 and 39 who are undergoing treatment in a clinical trial can receive financial assistance for direct and indirect costs.



Road to Recovery



1-800-ACS-2345 (227-2345)

www.cancer.org

Road to Recovery, sponsored by ACS, provides limited transportation to and from hospitals, doctors' offices, and cancer treatment facilities.

Ronald McDonald House Charities



630-623-7048

www.rmhc.com

Ronald McDonald Houses provide free or low-cost housing for families of seriously ill children receiving treatment at nearby hospitals.



Salvation Army



703-684-5500

www.salvationarmyusa.org

Local units can offer emergency financial assistance to families.



Social Security Administration (SSA)



1-800-325-0778 or

1-800-772-1213

www.ssa.gov

The SSA provides supplemental income and disability benefits to those who meet certain criteria.



State Children's Health Insurance Program (SCHIP)



1-877-KIDS-NOW (543-7669)

www.insurekidsnow.gov

SCHIP offers low-cost or free health insurance to uninsured infants, children, and teens.

Sunshine Foundation



215-396-4770 or

863-424-4188

www.sunshinefoundation.org

The Sunshine Foundation grants wishes for children who are physically challenged, are seriously ill, or have been abused.

Supersibs



1-866-444-7427

www.supersibs.org

Supersibs foundation offers college scholarships to siblings of children with cancer.

The Bone Marrow Foundation



1-800-365-1336

www.bonemarrow.org

This foundation's patient aid program covers the cost of donor searches, compatibility testing, medication, transportation, housing expenses, and other transplant costs.

The Healthwell Foundation



1-800-675-8416

www.healthwellfoundation.org

This foundation provides assistance to those who cannot afford insurance co-payments, premiums, or other health care costs.

The Leukemia & Lymphoma Society (LLS)



1-800-955-4572

www.leukemia-lymphoma.org

The LLS helps patients and families through support groups, education, a toll-free phone service, and financial assistance.

The SAMFund



www.thesamfund.org

This service provides grants and scholarships to young adult cancer survivors.

Together Rx Access



1-800-444-4106

www.togetherrxaccess.com

Together Rx Access offers a free discount card to U.S. residents who do not have prescription drug coverage.

Ulman Cancer Fund for Young Adults



1-888-393-FUND (3863)

www.ulmanfund.org

This service provides scholarships, support, and information for young adults with cancer.

United Healthcare Children's Foundation



952-992-4459

www.unitedhealthcarechildrensfoundation.org

This foundation offers assistance beyond insurance coverage for children under 17 and covered by insurance.

United Way of America



www.liveunited.org

United Way offices across the nation provide services and referrals to people struggling financially. Check the telephone directory or go online to find an office near you.

Veteran's Affairs (VA)



1-800-827-1000

www.va.gov

Eligible veterans and their dependents can receive cancer screening and treatment at VA Medical Centers.

Working Against Cancer (WAC)



www.workingagaincancer.org

This organization offers youth mentoring programs, survival scholarships, and a career opportunity referral program for children, adolescent, and young adult cancer survivors.

YWCA Breast Screening Program



www.ywca.org

The YWCA's ENCOREplus provides breast education and referrals to free, low-cost screening exams.

Notes

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Acknowledgements

The **Resource Guide** is dedicated to all cancer survivors, their loved ones, and the professionals who care for them. I hope our guide will be a valuable resource for you.

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Questions and comments about the Resource Guide are welcome. Please contact me if you found it helpful or have any comments or concerns.

Sincerely,

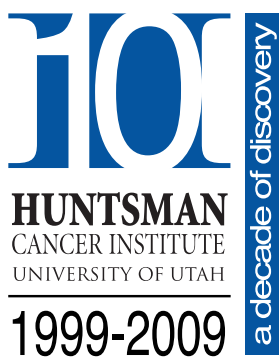
Carrie Mathis

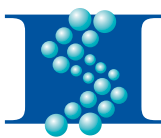
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Utah Cancer Action Network

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Health Resource Line 888-222-2542

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